



Concussion Policy

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MARIBYRNONG PARK FOOTBALL CLUB

Concussion Policy

1. PURPOSE

- 1.1 The purpose of this policy is to provide players, members, staff, supporters, and spectators of the Maribyrnong Park Football Club (**Club**) with guidelines for the management of concussion in line with the AFL Guidelines and available medical advice.

2. ACKNOWLEDGEMENT

The Maribyrnong Park Football Club (MPFC) acknowledges that concussion is a serious issue that may occur as the result of a player participating in community football during competition, pre-season or at training.

MPFC is committed to taking all reasonable steps to maintain the safety of its players.

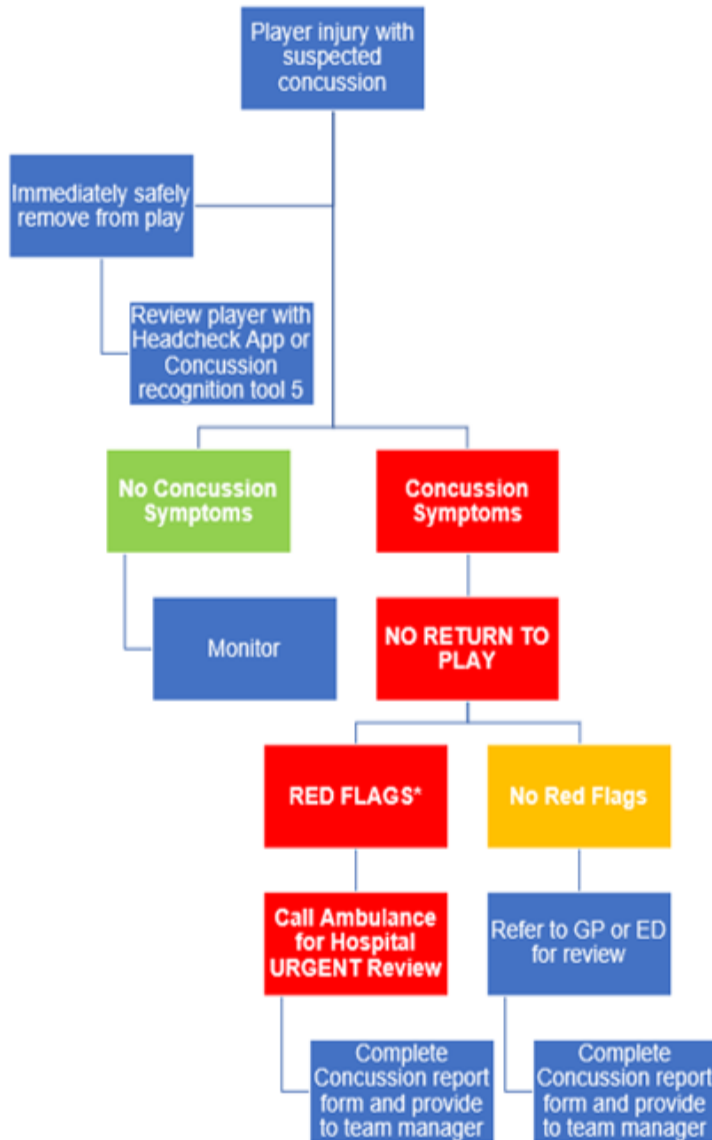
On matters of concussion the club takes guidance from the expertise of the Australian Football League (AFL) and its medical / policy advice.

3. CLUB POLICY

3.1. MPFC adheres to the AFL Victoria Guidelines for:

- the Management of Sport-Related Concussion in Australian Football [Appendix 1],
- Concussion Management in Australian Football [Appendix 2] and
- Management of Concussion on the Day of Injury [Appendix 3]

3.2. In addition, the MPFC follows the decision maps outlined in Image 1 & 2 below:



*Red Flags as defined by Concussion Recognition tool 5 [Appendix 4]

Image 1: Suspected Concussion on Game Day [to be read in conjunction with AFL guidelines]



All Players with Suspected Concussion must follow the guidelines below:



Image 2: Return to Play Guidelines [to be read in conjunction with AFL guidelines]

- 3.3. Trainers must complete a Digital Concussion / Medical Incident Report Form: this can be accessed via <https://forms.gle/k9oC8iw3LXAwKt1m6>
- 3.4. Costs associated with gaining medical clearance are the sole responsibility of the player or parent/guardian.
- 3.5. Medical clearance must be obtained in writing from a registered medical practitioner and provided to the team manager no later than 48 hrs prior to team selection (where team selection is in place, or PlayHQ. The medical clearance certificate must clearly state that the player is medically cleared to return to play AFL.
- 3.6. The decision of the team trainer to deem a player “concussed” or displaying concussion-like symptoms is final. Coaches, officials, parents / guardians must not interfere with the trainer’s decision nor attempt to return a player to the game after a trainer has deemed them to have concussion symptoms.
- 3.7. Our Club is committed to continually reviewing its policies and practises to protect the safety and wellbeing of all children and young people. This policy will be reviewed on



a regular basis in consultation with Club participants and with regard to the AFL guidelines as changed from time to time.

